

My Rose Garden

Wendy Whellum

I wanted to make a quilt that could be used to teach students hand piecing and applique. This floral theme came to me, and I have always loved baskets - they just seem to go together.

My quilt was completed using needle-turn applique, and hand piecing with templates. Instructions are also given for rotary cut and machine pieced blocks.

Finished quilt size 69" x 69"

Block size 8"

1/4" seam used throughout, unless stated otherwise.

It is recommended that you use 100% cotton fabric, and it is washed and ironed before cutting.

Please read all the instructions before your start cutting, and cut one block at a time.

Fabric requirements:-

This is a scrappy style quilt, and even the background fabrics are assorted. Each of the 25 blocks requires a 10" square of background. I have used an assortment of light coloured "shirting" styles. I have also used the same type of fabrics in the sashings.

A good amount of assorted fabric for the backgrounds and sashing would be a total 3 metres.

With the design fabrics, small pieces could be used for the applique. Choose assorted green, red, pink and gold. For the baskets, these are also assorted coloured fabrics, and the amount depends of the actual block being made. it is suggested a total of 4 metres is needed, with sizes approximately 12" square.

Choose the fabrics one at a time for each of the blocks being made.

You will also need:-

Medium paisley print for the outer border - 2 metres to enable you to cut from the length of the fabric, Less fabric is needed if you want to cut across the width and join the strips.

Pink striped print for the inner border - 0.5 metres

Teal Blue print for the setting triangles and binding - 1 metre

Pink print for the setting squares in the sashing - 15cm
Backing fabric 4 metres
Piece of batting 75" square

template plastic for hand pieced method
wash out marking pens or pencils
Hand piecing needles
Neutral coloured thread for piecing
Cotton threads to match your fabrics for applique
Perle cotton size 8 for hand quilting
large needle - sashiko style
masking tape 1" wide
Rotary Cutter, ruler and board

Cutting:-

For the applique blocks, cut a total of 13 9" squares from the background fabrics. For each of the Basket blocks the cutting is listed with each of the blocks.

Sashing - cut a total of 63 rectangles 2" x 8.5" from light shirting materials. If you are cutting from assorted fabrics, cut across the widths of the fabrics 2" wide strips then cross cut as many as required.

pink setting squares - cut 2 strips 2" wide across the width of the fabric, then cross cut into 24 2" squares.

Pink setting triangles - cut 4 squares 3.5", then cross cut each into 4 triangles.....16 triangles in total.

Pink striped fabric first border - cut 8 strips 2" wide across the width of the fabric.

Paisley print final border - cut 4 strips 6 ½" and 72" along with length of the fabric. These will be trimmed to exact lengths before adding to the quilt top.

Making the Blocks:---

I have used the applique method commonly referred to as "back-basting". With this method you do not need templates, as the design is drawn onto the back of the background fabric. (see separate instruction sheet). Any method of applique is suitable and you can use your own favourite.

If you want to make your basket blocks by hand, trace the shapes of the blocks onto template plastic and cut out on the drawn line. Place the templates onto the back of the chosen fabrics, and trace around the block with a wash out pen or pencil. Cut out the fabrics adding a ¼" seam allowance before you cut. (see separate instruction sheet).

A note about Pens. The new Iron Out style of pens are becoming really popular, however, it is not a good idea to use them with hand piecing. I do not want my lines to disappear when I iron them, as I need to know where to join the next piece. As you are marking the BACK of your fabric, I find that a fine pointed Gel Pen works well, or the old reliable 2B lead pencil. The same applies if you are using the abovementioned "back basting" applique method. We want the lines to stay the distance, and not iron out while still needed.

The method for completing each block is listed individually. Once all the blocks are complete, they should be pressed, and trimmed (where necessary) to 8 1/2:

Lay the blocks out on the floor, or a bed, or design wall and move them around until you find the layout that suits you best.

Tip---I find that if I take a photo I can see more clearly the final look of the quilt, With our mobile phones, tablets and digital cameras giving great results instantly.

Insert Quilt Lay out diagramme- seperate sheet

Follow the diagramme to align all the blocks and the sashing strips and squares. Assemble sashing strips as follows:-

- 2 x 1 strip of sashing with a triangle at both ends
- 2 x 3 strips of sashing seperated by 2 squares and a triangle at each end
- 2 x 5 strips of sashing seperated by 4 squares and a triangle at each end
- 2 x 7 strips of sashing seperated by 6 squares and a triangle at each end

lay out the blocks as follows :-

Please check the diagrammes for correct lay out

- 2 x Large blue triangle + shasing strip + block + sashing strip + large blue triangle
- 2 x Large blue triangle + (ss+ bock) 3 + ss + large blue triangle
- 2 x Large blue triangle + (ss + bock)5 + ss + large blue triangle
- 1 x small blue triangle + (ss + block)7 + ss + small blue triangle.

When assembling the blocks and strips, press all the seams towards the sashings

Once all the sashing strips and block sets are complete, you can then add the two small blue triangles to the remaining outer corners.

Press the quilt top so that the seam allowances are towards the sashing.

Lay the quilt top on the floor or a large table and check that the edges are straight. You may find it necessary to trim the edges, allowing a ¼" seam allowance beyond the point where all the sashing and triangles meet.

Borders

Border 1 - pink Stripe

Join all the pink striped border strips in one long length. You may want to "fussy cut" the border pieces so that they match nicely.

Measure the quilt from top to bottom 3 times - near each side and straight down the centre. Take care not to stretch the quilt at the stage, as it will distort the measurements. Take the average of these measurements, and trim two of the border strips to this length.

Attach these strips to the two outer edges of the quilt, and press the seams towards the border.

Measure the quilt top again, as before, and include the two newly added border pieces. Trim two strips to this length, and add them to the top and bottom of the quilt top. Press the seams towards the border.

Border 2 - Paisley Print

As you have done with the first border, measure the length of the quilt top, including the 1st border, and trim two of the 6" border strips to this length.

Add these to the sides of the quilt, pressing the seams towards the border.

Measure again, across the width of the quilt, including the newly added borders, and trim two more border strips to this length. Add these to the top and bottom of the quilt. Press the seams towards the borders.

Your quilt top is now complete!

Completing the quilt

Cut the backing fabric into 2 equal lengths. Join the three pieces along the selvedge.

Trim the selvedges from the seam. Press the seam open.

Layer the quilt with the backing and the batting. Pin or baste the 3 layers together.

Quilt as desired.

This quilt has been hand quilted using Perle Cotton and "big stitch" quilting - sometimes referred to as "utility quilting". Each of the blocks were marked in a vertical line with 1" wide masking tape, and lines stitched on either side. Through the sashings, these have also been marked with the tape down the centre, and stitched on either side. The stitches are larger -

about ¼” long. There are 5 parallel quilting lines in the outer border, also 1” apart. The side setting triangles are quilted the same with quilting lines 1” apart in a “pyramid” shape to echo the shape of the triangle.

Using the Binding fabric, cut 7 strips 2 ½” wide across the width of the fabric. Join the pieces end to end to form one continuous strip. With the wrong sides facing press the strip in half along the length. Place the binding strip level with the 3 layers of the quilt. Pin and sew with the walking foot of your sewing machine. Mitre the corners neatly as you come to them. Trim all layers level. Turn the binding to the wrong side of the quilt and slip stitch in place.

Wendy Whellum

P O Box 127

Daw Park SA 5041

ph 0417084245

email Legendandlace@Gmail.com

web www.legendandlace.com